



Launched in 2013 and cultivated by Connie Bowman, Happy Healthy You! is a podcast community for sharing and growth. On a journey toward joy-filled balance in body, mind and spirit, Happy Healthy You! offers wisdom into the art of balanced living through our weekly show, highlighting special like-minded guests.

## NOTABLE PODCAST GUESTS:

### Serena Dyer

Daughter of Dr. Wayne W. Dyer and co-author of *Don't Die With Your Music Still In You*.

### Caroline Bowman

Broadway actress.

### Mimi Kirk

Voted the Sexiest Vegetarian over 50.

### John J. Ratey and Richard Manning

Authors of *Go Wild*.

## sponsorship opportunities

ROLL	TIME	PRICE <i>per show</i>
Pre-Roll	15 seconds	\$99
Mid-Roll	60 seconds	\$125
Out-Roll	15 seconds	\$75
COMBO ROLLS <i>(5% discount)</i>		
Pre-Roll/Mid Roll		\$213
Pre-Roll/Mid Roll/Out Roll		\$284
SPECIAL SESSIONS		
Custom Created Podcast <i>(price varies on length)</i>		\$750 to \$2,500
In-Person Video Interview		Contact for pricing

*Ask about special pricing for multiple show sponsorships.*

## social presence

Thousands of downloads on iTunes, as well as thousands of followers on both Facebook and YouTube.



## about happy healthy you

- ➔ We can be found on Stitcher, iTunes and many podcast landing pages.
- ➔ Enjoy our weekly podcast about living a joy-filled life with balance in body, mind and spirit!



## Contact

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